

# Milk and Dairy.....Quiz for Kids

Q. How much does a dairy cow weigh?

A. Around 1500 pounds. (Compare to children's weight)

Q. What do dairy cows eat?

A. Grass, hay (dried grass), grains (feed) and silage (chopped green grasses and green corn or beans).

Q. How much does a dairy cow eat each day?

A. Around 90 lbs. of food and 25 to 50 gallons of water. If people were cows, they would eat about 360 hamburgers and drink about 400 to 800 glasses of water a day.

Q. How much milk does a dairy cow produce a day?

A. Cows that eat only grass produce about 48 glasses or 12 quarts a day. Cows that eat grass and feed or silage may produce 100 glasses or 25 quarts of milk a day.

Q. Why do cows make milk?

A. Cows make milk for their calves but they are such big animals that they make a lot more than a calf needs. The cow's milk can be used for us to drink or make dairy foods like cheese and yogurt.

Q. Who takes care of dairy cows and keeps them healthy?

A. The dairy farmer takes good care of his animals. He has a veterinarian care for animals when they are sick. The "Vet" also gives them shots to prevent some diseases.

Q. How is milk kept clean for us to drink?

A. The cow's udder is washed before she is milked. The milking machine, walls and floors of the milking parlor are washed before and after each milking. At the dairy plant, all processing of milk is done by machine to keep milk clean and safe.

- Q. Why is milk kept cold?
- A. To taste good and to keep in fresh and help prevent it from spoiling. Milk should always be kept in the refrigerator at around 36 degrees F. If milk is left out of the refrigerator too long, it will spoil. At home, pour your milk and immediately return the milk carton to the refrigerator to help keep it fresh.
- Q. Why do boys and girls need to drink milk or eat dairy products?
- A. For proper growth and to help build strong bones and teeth.
- Q. How many servings of dairy products do you need daily?
- A. 3 to 4 servings a day.
- Q. Wouldn't cows be happier if they were "free"?
- A. It may seem that they would be but cows need to be cared for. They need to be fed; they need to be cared for when they are sick or giving birth to a calf; they need to be milked. Farmers take good care of their cows to make sure they are healthy and comfortable.
- Q. How many calves does a cow have each year?
- A. Usually one, but cows sometimes have twins.
- Q. How is chocolate milk made?
- A. Chocolate milk is made by using pure, fresh milk and chocolate syrup or powder. Cows only give white milk!
- Q. How does milk get from the dairy farm to the processing plant?
- A. A tanker truck picks up milk at each dairy farm and delivers it to the milk processing plant.
- Q. What foods are made from milk?
- A. Cheese, yogurt, cream cheese, sour cream, butter, ice cream, frozen yogurt, etc. (Can you name more?)

